Hill AFB Exceptional Family Member Program (EFMP) Quick Reference Listing

**EFMP Assistance**

EFMP-FS (Family Support) Specialist - Bldg. 150 - tammy.custer.2@us.af.mil (801) 586-2611
or alyse.seligman@us.af.mil (801) 586-4820 EFMP-FS connects families with special needs to on and off base support services.

EFMP-M (Medical) - Bldg. 570 - Mon-Fri 0730-1630
  - Family Member Relocation Clearance Coordinator (FMRCC) - (801) 777-1237
gregory.a.bowers16.mil@mail.mil FMRCC assists with EFMP PCS clearance and medical clearance questions.
  - Special Needs Coordinator (SNC) - (801) 775-3724
Vacant, contact FMRCC SNC assists with EFMP enrollment & disenrollment and maintains EFMP records.
  - Medical Case Management Program - Carla (801) 586-7351, Karen (801) 586-9706, Lisa (801) 777-0038
Case managers can help coordinate medical care. Medical needs should be directed here.

EFMP-A (Assignments) MPS/Career Development - Bldg. 430 - walk in hours - 0930-1500
(801) 777-1661 75FSS.fsmpd.careerd FS program/FS (Family Support) Specialist
EFMP-A provides information/assistance on the EFMP assignment process and other assignment actions.

Air Force EFMP Respite Program - For information on this program contact EFMP-FS (801)-586-2611/4820.

**On Base Assistance**

School Liaison Officer (SLO) - Bldg. 150 - (801) 775-5960 tracie.atkins@us.af.mil
SLO connects families, schools, and the military community, to facilitate educational transition and academic experiences.

New Parent Support Nurse - Bldg. 545 - (801) 777-0634 deedra.e.nelson.civ@mail.mil
Registered Nurse (RN) provides in home support for families with children under 3 years of age.

Airman & Family Readiness Center (A&FRC) - Bldg. 150 - (801) 777-4681 75FSS.FSFR@us.af.mil
The A&FRC is the focal Point for personal and family readiness, deployment planning/support, transition assistance, employment assistance, volunteer resource services, personal financial management skills development and provision of consumer information, Air Force Aid Society assistance, personal and family life skills development, information and referral services on a variety of family support related areas, Air Force Wounded Warrior (AFW2) support services, relocation assistance, and support to the community during disaster/crisis/evacuation situations via the Emergency Family Assistance Control Center (EFACC).

**Local School Information**

Davis Special Education - Grades K-12 - (801) 402-5169 http://www.davis.k12.ut.us/page/1262
Davis Early Intervention and Preschool - Ages 0-5 - (801) 402-5409
Davis Transition Programs - Vista Educational Campus - STEPS/MAPS/STRIDE/STAR - (801) 402-5975
Davis HeadStart/Early HeadStart/Title 1 Preschool - Family Enrichment Center - (801) 402-0650
Weber - Morgan Special Education - Grades K-12 - (801) 476-7863 http://www.weber.k12.ut.us/
Weber - Morgan Early Intervention and Preschool - Ages 0-5 - (801) 476-5460
Ogden City School District Special Education - (all services) - (801) 737-7326 https://ogdensd.org/
Ogden - Weber Community Action Partnership (OWCAP) HeadStart - (801) 399-9281 ext. 323
Utah Parent Center (UPC) - (801) 272-1051 www.utahparentcenter.org/
Utah Parent Center: Davis Area - (801) 402-5120
The Utah Parent Center provides training to families with children with disabilities and special health care needs.

**TRICARE/DEERS Information**

Defense Enrollment Eligibility Reporting System (DEERS) - (800) 538-9552 www.tricare.mil/deers
TRICARE Health Net Federal Service - (844) 866-9378 https://www.tricare-west.com/
ECHO Medical Management - (844) 52-HELPU (43578)
To review referrals www.mytricare.com
Health Benefits Advisor - Bldg. 570 - Mon-Fri 0730-1630 - (801) 777-6670

EFMP-FS Program/10 Sep 2018/Tammy Custer, Hill AFB EFMP-FS Specialist/DSN 586-2611
The A&FRC does not give official endorsement to programs, organizations, or service providers.
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Community Resources

*2-1-1 Utah - dial 211 [http://www.informationandreferral.org/](http://www.informationandreferral.org/) A free information and referral service for health, human and community services throughout the state of Utah.


Utah Department of Human Services - [www.dhs.utah.gov](http://www.dhs.utah.gov) find information on state services

Utah Department of Workforce Services - [http://jobs.utah.gov](http://jobs.utah.gov) Assistance for employment, food stamps, Medicaid, CHIP, UPP, PCN, and other state programs.

Utah Baby Watch - (800) 961-4226 [www.utahbabywatch.org](http://www.utahbabywatch.org) This program provides early identification and developmental services for infants and toddlers, age’s birth to three.

Childcare

Child Development Center (CDC) - Bldg. 470 & 464 - (801) 777-6321 or (801) 777-6223
Youth Center - Bldg. 883 - (801) 777-2419
Family Child Care - Bldg. 150 - (801) 777-0695

Care about Childcare - [http://careaboutchildcare.utaheasy2love.org/](http://careaboutchildcare.utaheasy2love.org/) or call 801-626-7837 to discuss your specific care needs. This website provides families looking for childcare with profiles of licensed providers located throughout Utah.

Sitter City or Care.com - [http://www.sittercity.com/](http://www.sittercity.com/) & [http://www.care.com/](http://www.care.com/) Both offer a database of babysitters and nannies as well as housekeepers, tutors, dog watchers, etc. You may refine your search such as zip code, type of care desired, special needs and more.

Air Force EFMP Respite Program - For information on this program contact EFMP-FS (801) 586-2611.

Websites

Military One Source - (800) 342-9647 [www.militaryonesource.mil](http://www.militaryonesource.mil) Click on “Family & Relationships,” and then scroll over to “Special Needs.” Up to 12 consultations a year with a Consultant who will assess family needs and answer questions on many subjects. Call to schedule a consultation.

Wrights Law - [www.WrightsLaw.com](http://www.WrightsLaw.com) Wrights Law’s purpose is to educate and inform members and keep them abreast of the latest news and issues in the world of Special Education. This site contains excellent books and resources to help navigate the Special Ed process.

STOMP (Specialized Training of Military Parents) [http://wapave.org/programs/specialized-training-military-parents-stomp/](http://wapave.org/programs/specialized-training-military-parents-stomp/) STOMP, a parent-directed program, exists to empower military parents, individuals with disabilities, and service providers with knowledge, skills, and resources so that they might access services. Great info available on site on numerous subjects.

Local Support & Social Groups

Utah Easy to Love - [www.utaheasytolove.org](http://www.utaheasytolove.org) (801) 532-4331 utaheasy2love@gmail.com (also on Facebook)

FAAST - [www.faastutah.weebly.com](http://www.faastutah.weebly.com) (801) 917-4014 faastutah@gmail.com (also on Facebook)

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) - [davis-county@chadd.net](mailto:davis-county@chadd.net) There are two local parent-run and one EFMP-FS special needs Facebook support sites:

Families with Special Needs Children at Hill AFB - For families dealing with all types of special needs

Hill AFB Autism Support Group - For those dealing with family members on the Autism Spectrum

EFMP-FS Utah Easy to Love - A partner page with Utah Easy to Love, offers support and information

Many other targeted support and social groups available. Contact EFMP-FS for more information.

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